

# Fatty Acid Amide Hydrolase Controls Mouse Intestinal Motility In Vivo

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**Background & Aims:** Fatty acid amide hydrolase (FAAH) catalyzes the hydrolysis both of the endocannabinoids (which are known to inhibit intestinal motility) and other bioactive amides (palmitoylethanolamide, oleamide, and oleoylethanolamide), which might affect intestinal motility. The physiologic role of FAAH in the gut is largely unexplored. In the present study, we evaluated the possible role of FAAH in regulating intestinal motility in mice in vivo. **Methods:** Motility was measured by evaluating the distribution of a fluorescent marker along the small intestine; FAAH messenger RNA (mRNA) levels were analyzed by reverse-transcription polymerase chain reaction (RT-PCR); endocannabinoid levels were measured by isotope-dilution, liquid chromatography, mass spectrometry. **Results:** Motility was inhibited by *N*-arachidonoylserotonin (AA-5-HT) and palmitoylisopropylamide, 2 selective FAAH inhibitors, as well as by the FAAH substrates palmitoylethanolamide, oleamide, and oleoylethanolamide. The effect of AA-5-HT was reduced by the CB<sub>1</sub> receptor antagonist rimonabant and by CB<sub>1</sub> deficiency in mice but not by the vanilloid receptor antagonist 5'-iodoresiniferatoxin. In FAAH-deficient mice, pharmacologic blockade of FAAH did not affect intestinal motility. FAAH mRNA was detected in different regions of the intestinal tract. **Conclusions:** We conclude that FAAH is a physiologic regulator of intestinal motility and a potential target for the development of drugs capable of reducing intestinal motility.

The endogenous cannabinoid system includes cannabinoid (CB<sub>1</sub> and CB<sub>2</sub>) receptors, their endogenous ligands (the endocannabinoids), and the enzymes for the synthesis and inactivation of these ligands.<sup>1,2</sup> The endocannabinoids anandamide and 2-arachidonylglycerol (2-AG) may reduce gastrointestinal motility through activation of enteric CB<sub>1</sub> receptors; potential therapeutic applications of this activity include the treatment of motility disorders such as gastroesophageal reflux disease, irritable bowel syndrome, diarrhea, and inflammatory bowel diseases.<sup>3,4</sup> Sev-

eral experiments have demonstrated that the CB<sub>1</sub> receptor antagonist rimonabant (SR141716A), in the absence of any exogenous agonist, produces motility changes that are invariably opposite in direction to those caused by the cannabinoid receptor agonists. For example, rimonabant is known to increase (1) electrically induced contractions and peristalsis in isolated intestinal segments from rodents,<sup>5–8</sup> (2) occurrence of transient lower esophageal sphincter relaxation in dogs,<sup>9</sup> and (3) intestinal motility in mice in vivo, both in the small<sup>10,11</sup> and in the large<sup>12</sup> intestine. These effects cannot be attributed unequivocally to the displacement of endogenous cannabinoids because rimonabant may behave as an inverse agonist at CB<sub>1</sub> receptors in vitro.<sup>13</sup>

Inactivation of endocannabinoid signaling is dependent on cellular uptake, localization to appropriate intracellular compartments, and enzymatic hydrolysis. The latter reaction produces arachidonic acid and either ethanolamine (from anandamide) or glycerol (from 2-AG).<sup>14</sup> Although it is generally recognized that there is uptake, intracellular transport, and hydrolysis of anandamide, only the latter step has been conclusively assigned to a protein, the fatty acid amide hydrolase (FAAH).<sup>2,14</sup> FAAH is a membrane-associated protein that is localized to internal membranes, such as the endoplasmic reticulum, at which it is active. The broad substrate specificity of FAAH allows it to catalyze the hydrolysis not only of the endocannabinoids anandamide and 2-AG but also of palmitoylethanolamide (PEA), oleamide (a sleep-inducing factor),<sup>15</sup> and oleoylethanolamide, whose biologic effects may be independent of CB<sub>1</sub> receptors.<sup>16,17</sup> FAAH activity has been detected in the rodent

**Abbreviations used in this paper:** 2-AG, 2-arachidonylglycerol; AA-5-HT, *N*-arachidonoylserotonin; DMSO, dimethyl sulfoxide; FAAH, fatty acid amide hydrolase; I-RTX, 5'-iodoresiniferatoxin; PEA, palmitoylethanolamide; PIP, palmitoylisopropylamide; RT-PCR, reverse-transcription polymerase chain reaction.

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0016-5085/05/\$30.00

doi:10.1053/j.gastro.2005.06.018

intestine and was found to be increased in the croton oil model of intestinal inflammation.<sup>18</sup> However, to date, selective FAAH inhibitors have not been evaluated in the gastrointestinal tract.

The present study investigates the possible role of FAAH in the control of intestinal motility in mice *in vivo*. To this end, we used the selective FAAH inhibitors *N*-arachidonoylserotonin (AA-5-HT)<sup>19</sup> and palmitoylisopropylamide (PIP)<sup>20</sup> as well as FAAH-deficient mice. In addition, we report the distribution of FAAH messenger RNA (mRNA) along the mouse intestinal tract.

## Materials and Methods

### Animals

Male ICR mice (Harlan Italy, Corezzana, MI) (20–22 g) were normally used, but, in our preliminary experiments, some female ICR mice were studied as well. No difference in sensitivity to FAAH inhibitors was found between males and females. Mice lacking CB<sub>1</sub> receptor and FAAH genes were generated and genotyped as previously described.<sup>21,22</sup> Female homozygous wild-type and homozygous mutant littermates (19–22 g) were used in the experiments. Mutant mice were in a mixed genetic background with a predominance of C57BL/6N contribution (5 backcrosses for both mutant lines). Mice were fed *ad libitum* with standard mouse food, except for the 12-hour period immediately preceding the experiments.

### Functional Studies

Transit was measured by evaluating the intestinal location of rhodamine-B-labeled dextran.<sup>23,24</sup> Animals were given fluorescent-labeled dextran (100  $\mu$ L of 25 mg/mL stock solution) via a gastric tube into the stomach. Twenty minutes after administration, the entire small intestine with its content was divided into 10 equal parts. The intestinal contents of each bowel segment were vigorously mixed with 2 mL saline solution to obtain a supernatant containing the rhodamine. The supernatant was centrifuged at 500 rpm to force the intestinal chime to a pellet. The fluorescence in duplicate aliquots of the cleared supernatant was read in a multiwell fluorescence plate reader (LS55 Luminescence spectrometer; Perkin Elmer Instruments; excitation 530  $\pm$  5 nm and emission 590  $\pm$  10 nm) for quantification of the fluorescent signal in each intestinal segment. From the distribution of the fluorescent marker along the intestine, we calculated the geometric center (GC) of small intestinal transit as follows:

$$GC = \sum (\text{fraction of fluorescence per segment} \times \text{segment number})$$

GC ranged from 1 (minimal motility) to 10 (maximal motility).<sup>25</sup> This procedure yielded an accurate, nonradioactive measurement of intestinal transit.<sup>24</sup>

### Drug Administration

*N*-arachidonoylserotonin (AA-5-HT, 1–20 mg/kg), palmitoylisopropylamide (PIP, 1–20 mg/kg), oleamide (1–20 mg/kg), oleoylethanolamide (1–20 mg/kg), palmitoylethanolamide (PEA; 1–20 mg/kg), or vehicle were given intraperitoneally (IP) 30 minutes before the administration of the fluorescent marker. In some experiments, rimonabant (0.1 mg/kg), 5'-iodoresiniferatoxin (I-RTX; 0.75 mg/kg), or SR144528 (1 mg/kg) were given IP 10 minutes before AA-5-HT (15 mg/kg). Rimonabant (0.1 mg/kg) was also given 10 minutes before the administration of PEA, oleamide, or oleoylethanolamide (all at the dose of 10 mg/kg). I-RTX and SR144528 doses were selected on the basis of previous work.<sup>26–28</sup> In some experiments, the effect of IP-injected anandamide (1–20 mg/kg), PEA (1–20 mg/kg), or loperamide (0.03–3 mg/kg) was evaluated 30 minutes after the administration of AA-5-HT (5 mg/kg, IP)

### Identification and Quantification of Endocannabinoids and Palmitoylethanolamide

Full-thickness small intestines from mice given (IP) vehicle, AA-5-HT (1–15 mg/kg), oleamide (15 mg/kg), or oleoylethanolamide (15 mg/kg), as well as from FAAH and wild-type deficient mice, were removed, and tissue specimens were immediately weighed, immersed into liquid nitrogen, and stored at  $-70^{\circ}\text{C}$  until chromatographic separation of endocannabinoids. Tissues were extracted with chloroform/methanol (2:1, by volume) containing each of 200 pmol d<sub>8</sub>-anandamide, d<sub>4</sub>-palmitoylethanolamide, and d<sub>5</sub>-2-AG, synthesized as described previously (for the former compounds),<sup>29</sup> or provided by Cayman Chemicals (for d<sub>5</sub>-2-AG, Ann Arbor, MI). The lipid extracts were purified by silica column chromatography, carried out as described previously,<sup>29</sup> and the fractions containing anandamide, palmitoylethanolamide, and 2-AG were analyzed by isotope-dilution, liquid chromatography, atmospheric pressure, chemical ionization mass spectrometry (LC-APCI-MS) carried out in the selected monitoring mode as described in detail elsewhere.<sup>21</sup> Results were expressed as pmol or nmol per g of wet tissue. Because, during tissue extraction/purification, both d<sub>8</sub>- and native 2-AG are partly transformed into the 1(3)-isomers and only a limited amount of arachidonic acid is present on the *sn*-1(3) position of (phospho)glycerides, the amounts of 2-AG reported here represent the combined mono-arachidonoyl-glycerol peaks.

### Semiquantitative RT-PCR for FAAH mRNA

Total RNA from both the small (duodenum, jejunum, and ileum) and the large (proximal and distal colon) intestine of each animal was extracted using Trizol reagent according to the manufacturer's recommendations (GibcoBRL). Following extraction, RNA was precipitated using ice-cold isopropanol, resuspended in diethyl pyrocarbonate-treated water (Sigma). The integrity of RNA was verified following separation by electrophoresis into a 1% agarose gel containing ethidium

bromide. RNA was treated with RNase-free DNase I (Ambion DNA-free kit) according to the manufacturer's recommendations, to digest contaminating genomic DNA. Subsequently DNase and divalent cations were removed.

The expression of mRNA for GAPDH (glyceraldehyde-3-phosphate dehydrogenase) and FAAH was examined by reverse transcription (RT) coupled to the polymerase chain reaction (PCR). Total RNA was reverse transcribed using oligo dT primers. DNA amplifications were carried out in PCR buffer (Q-Biogen) containing 2  $\mu$ L cDNA, 500  $\mu$ mol/L dNTP, 2 mmol/L MgCl<sub>2</sub>, 0.8  $\mu$ mol/L each primer, and 0.5 U Taq polymerase (Q-Biogen). The thermal reaction profile consisted of a denaturation step at 94°C for 1 minute, annealing at 60°C for 1 minute, and an extension step at 72°C for 1 minute. A final extension step of 10 minutes was carried out at 72°C. Thirty PCR cycles were observed to be optimal and in the linear portion of the amplification curve (data not shown). The reaction was performed in a PE Gene Amp PCR System 9600 (Perkin Elmer). After reaction, the PCR products were electrophoresed on a 2% agarose gel containing ethidium bromide for UV visualization.

The specific oligonucleotides were synthesized on the basis of cloned cDNA sequences of GAPDH, FAAH, and CB<sub>1</sub> common to the rat and mouse. For GAPDH, the primers sequences were 5'-CCCTTCATTGACCTCAACTACATGGT-3' (nt 208–233; sense) and 5'-GAGGGCCATCCACAGTCTTCTG-3' (nt 655–677; antisense, accession No. AH007340). The FAAH sense and antisense primers were 5'-GTGGTGCT(G/A)ACCCCATGCTGG-3' (nt 1407–1428) and 5'-TCCACCTCCCGCATGAACCGCAGACA-3' (nt 1683–1708, accession No. AF098010). The CB<sub>1</sub> sense and antisense primers were 5'-GATGTCTTTGGGAAGATGAACAA GC-3' (nt 1095–1119) and 5'-AGACGTGTCTGTGGACACAGACATGG-3' (nt 1380–1405). The expected sizes of the amplicons were 470 bp for GAPDH, 300 bp for FAAH, and 309 bp for CB<sub>1</sub>. The expression of the housekeeping gene GAPDH was used as an internal standard. No PCR products were detected when the reverse transcriptase step was omitted (data not shown).

## Drugs

*N*-Arachidonoylserotonin (AA-5-HT) was synthesized as described previously.<sup>19</sup> PIP, oleamide, oleoylethanolamide, PEA, anandamide, and I-RTX were purchased from Tocris Cookson (Bristol, United Kingdom), loperamide hydrochloride from Sigma (Milan, Italy). Rimobant (SR141716A; [(*N*-piperidin-1-yl)-5-(4-chlorophenyl)-1-2,4-dichlorophenyl]-4-methyl-1H-pyrazole-3-carboxamide hydrochloride) and SR144528 (*N*-[1S-endo-1,3,3-trimethyl bicyclo [2.2.1] heptan-2-yl]-5-(4-chloro-3-methylphenyl)-1-(4-methylbenzyl)-pyrazole-3-carboxamide) were a kind gift from Drs. Madaleine Mossè and Francis Barth (SANOFI-Recherche, Montpellier, France).

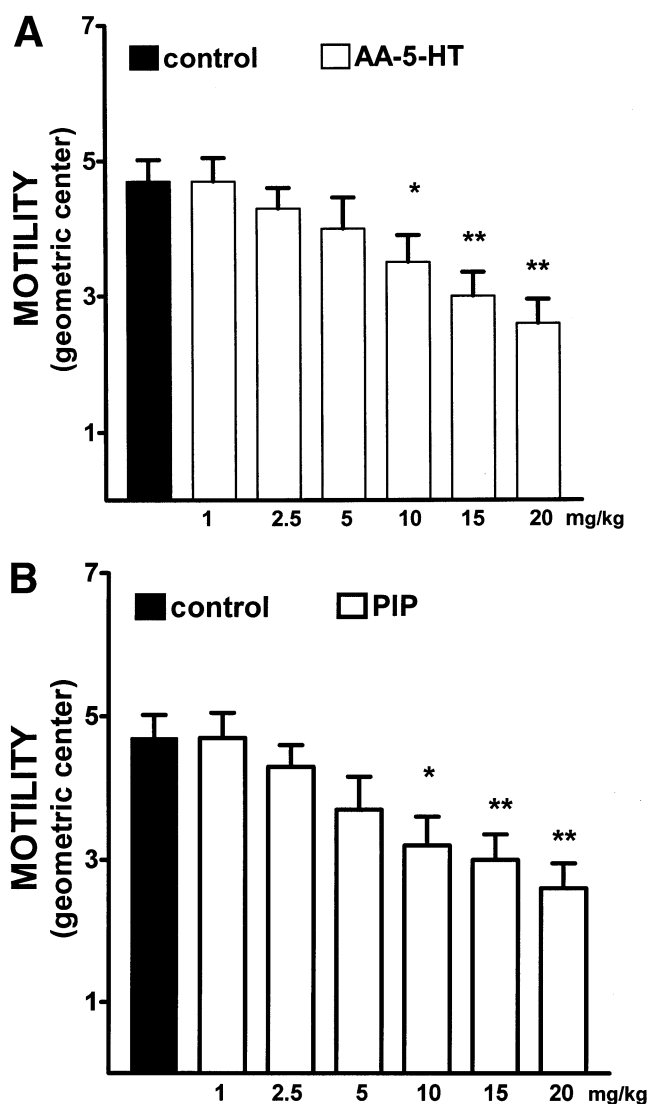
AA-5-HT and palmitoylisopropylamide were dissolved in DMSO/Tween 80 (1:4), oleamide and palmitoylethanolamide in ethanol (4  $\mu$ L/mouse), oleoylethanolamide and iodoresiniferatoxin in DMSO, anandamide in Tocrisolve

(soya oil/water [1:4 emulsion]), and loperamide in 2% DMSO. The drug vehicles (20  $\mu$ L/mouse of DMSO/Tween 80, 4  $\mu$ L/mouse DMSO, 4  $\mu$ L/mouse ethanol, 40  $\mu$ L/mouse Tocrisolve, or 50  $\mu$ L/mouse 2% DMSO) had no effect on intestinal motility.

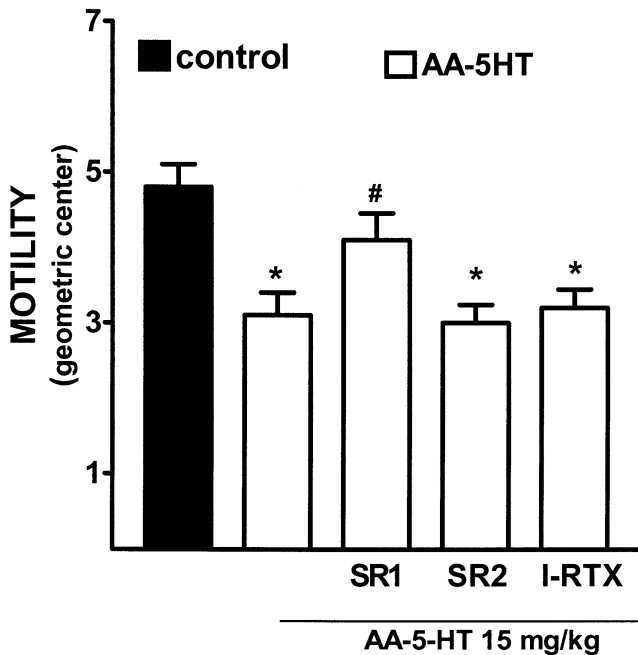
## Results

### Motility

Intraperitoneal administration of AA-5-HT (1–20 mg/kg; Figure 1A) and PIP (1–20 mg/kg; Figure 1B) produced a dose-dependent inhibition of transit. Both com-



**Figure 1.** Inhibitory effect of IP-injected arachidonoylserotonin (AA-5-HT) and palmitoylisopropylamide (PIP) (both at doses ranging from 1 to 20 mg/kg) on intestinal transit in mice. Transit was expressed as the geometric center of the distribution of a fluorescent marker along the small intestine (see Materials and Methods section). Bars represent the mean  $\pm$  SEM of 8–11 animals. \* $P < .05$  and \*\* $P < .01$  vs corresponding control.



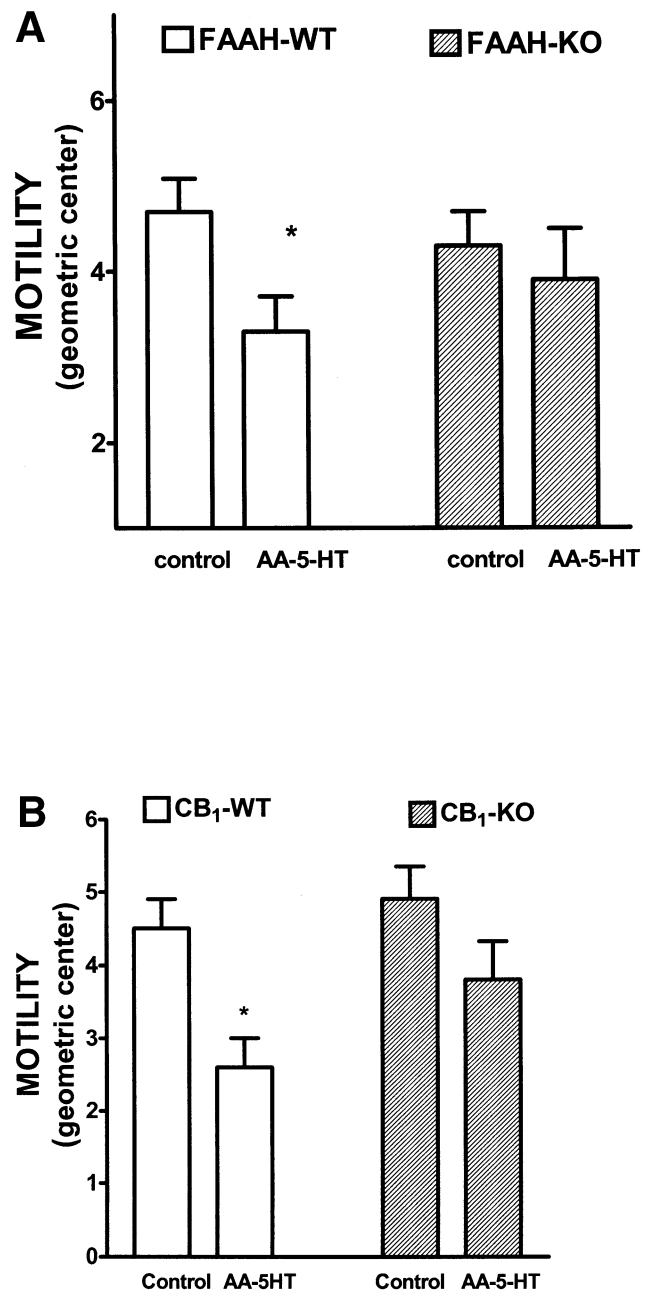
**Figure 2.** Effect of IP-injected *N*-arachidonoylserotonin (AA-5-HT, 15 mg/kg) on intestinal transit in mice pretreated (IP) with the CB<sub>1</sub> receptor antagonist rimonabant (SR1, 0.1 mg/kg, IP) or the CB<sub>2</sub> receptor antagonist SR144528 (SR2, 1 mg/kg, IP) or the vanilloid receptor antagonist 5'-iodoresiniferatoxin (I-RTX, 0.75 mg/kg IP). Transit was expressed as the geometric center of the distribution of a fluorescent marker along the small intestine (see Materials and Methods section). Bars represent the mean ± SEM of 8–11 animals. \**P* < .05 vs control and #*P* < .05 vs AA-5-HT alone.

pounds gave rise to significant inhibitory effects for the 10-mg/kg dose. A per se noneffective dose of the CB<sub>1</sub> receptor antagonist rimonabant (0.1 mg/kg), but not the CB<sub>2</sub> receptor antagonist SR144528 (1 mg/kg, IP) nor the vanilloid receptor antagonist I-RTX (0.75 mg/kg, IP), significantly reduced the inhibitory effect of AA-5-HT (15 mg/kg, IP) on motility (Figure 2). In absence of AA-5-HT, I-RTX or SR144528 did not affect motility (geometric center: control: 4.5 ± 0.6, I-RTX: 4.7 ± 1.1, SR144528: 4.8 ± 0.7, n = 6 for each experimental group, *P* > .2).

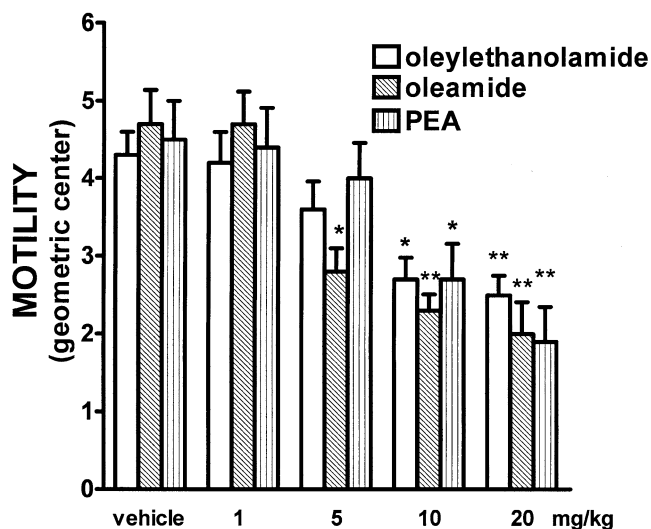
The results concerning the experiments carried out on FAAH- and CB<sub>1</sub> receptor-deficient mice are shown in Figure 3. AA-5-HT (15 mg/kg) significantly (*P* < .05) reduced motility in both FAAH<sup>+/+</sup> (Figure 3A) and in CB<sub>1</sub> receptor<sup>+/+</sup> (Figure 3B) mice. However, AA-5-HT produced no significant effect both in FAAH- and in CB<sub>1</sub> receptor-deficient mice. Compared with wild-type mice, FAAH- and CB<sub>1</sub> receptor-deficient mice showed a slight trend toward decreased or increased motility, respectively (Figure 3).

Figure 4 shows the effect of IP-injected oleamide (1–20 mg/kg), oleoylethanolamide (1–20 mg/kg), and PEA (1–20 mg/kg) on motility. These amides significantly reduced intestinal motility, the effect being significant starting from

the 5 mg/kg (oleamide) or 10 mg/kg (PEA and oleoylethanolamide) doses. In the presence of rimonabant (0.1 mg/kg), a significant inhibitory effect was observed only for PEA, and a significant reversion was achieved only for oleamide (Figure 5). Moreover, a dose of AA-5-HT (5 mg/kg, IP) which per se did not affect significantly intes-



**Figure 3.** Effect of the FAAH inhibitor *N*-arachidonoylserotonin (AA-5-HT, 15 mg/kg, IP) on intestinal transit in FAAH-deficient (FAAH-KO) (A) or in CB<sub>1</sub>-deficient (CB<sub>1</sub>-KO) (B) mice (as compared with the corresponding wild-type (WT) littermates). Transit was expressed as the geometric center of the distribution of a fluorescent marker along the small intestine (see Materials and Methods section). Each bar represents the mean ± SEM of 6–8 animals. \**P* < .05 vs corresponding control (WT mice).



**Figure 4.** Inhibitory effect of IP-injected *oleamide*, *oleoylethanolamide*, and *palmitoylethanolamide* (PEA) on intestinal transit in mice. Transit was expressed as the geometric center of the distribution of a fluorescent marker along the small intestine (see Materials and Methods section). Each bar represents the mean  $\pm$  SEM of 7–10 animals. \* $P < .05$  and \*\* $P < .01$  vs vehicle control.

tinal motility increased the inhibitory effect of both anandamide and PEA on motility (Figure 6A and 6B). However, AA-5-HT did not affect significantly the dose response curve to the opioid drug loperamide (percentage inhibition of motility: loperamide, 0.03 mg/kg 20%  $\pm$  5%; loperamide 0.03 + AA-5-HT, 30%  $\pm$  7%; loperamide 0.1 mg/kg, 34%  $\pm$  6%; loperamide 0.1 + AA-5-HT, 42%  $\pm$  6%; loperamide 0.3 mg/kg, 42%  $\pm$  6%; loperamide 0.3 + AA-5-HT, 48%  $\pm$  6%; loperamide 1 mg/kg, 55%  $\pm$  5%; loperamide 1 mg/kg + AA-5-HT, 59%  $\pm$  6%; loperamide 3 mg/kg, 69%  $\pm$  7%; loperamide 3 mg/kg + AA-5-HT, 66%  $\pm$  7%;  $n = 6-8$  for each experimental group).

#### Endocannabinoid and Palmitoylethanolamide Content in the Small Intestine

Table 1 shows that anandamide, 2-AG, and PEA were increased in the small intestine of animals treated with AA-5-HT (1–15 mg/kg, IP). AA-5-HT significantly increased anandamide and 2-AG levels starting from the 10 mg/kg dose, whereas PEA levels were increased only at the highest dose of AA-5-HT tested (15 mg/kg). By contrast, small intestines from FAAH-deficient mice revealed significantly increased levels of anandamide (but not 2-AG or PEA) as compared with intestines from FAAH<sup>+/+</sup> mice (Table 2). The effect of oleoylethanolamide and oleamide on the intestinal levels of endocannabinoids and PEA is reported in Table 3. Both amides significantly increased the intestinal level of anandamide and reduced the level of 2-AG. PEA levels

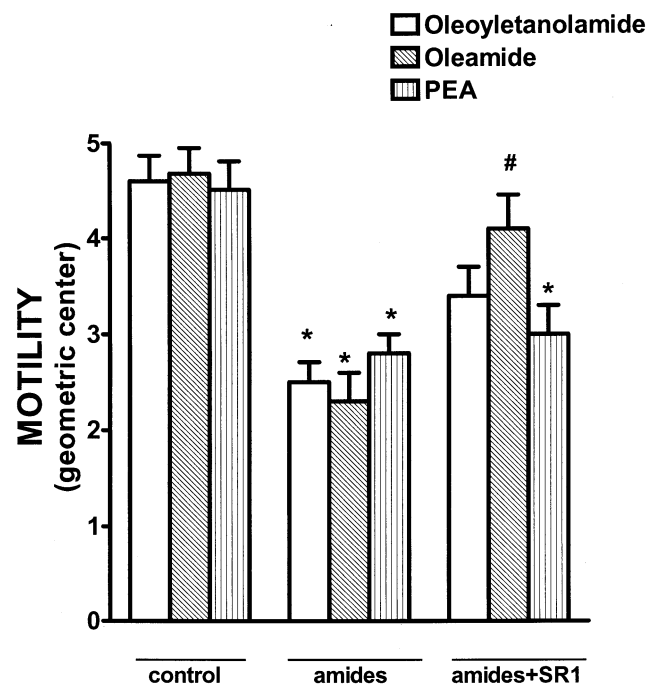
did not change after administration of either oleoylethanolamide or oleamide.

#### Study of FAAH mRNA Levels Determined by the Semiquantitative RT-PCR

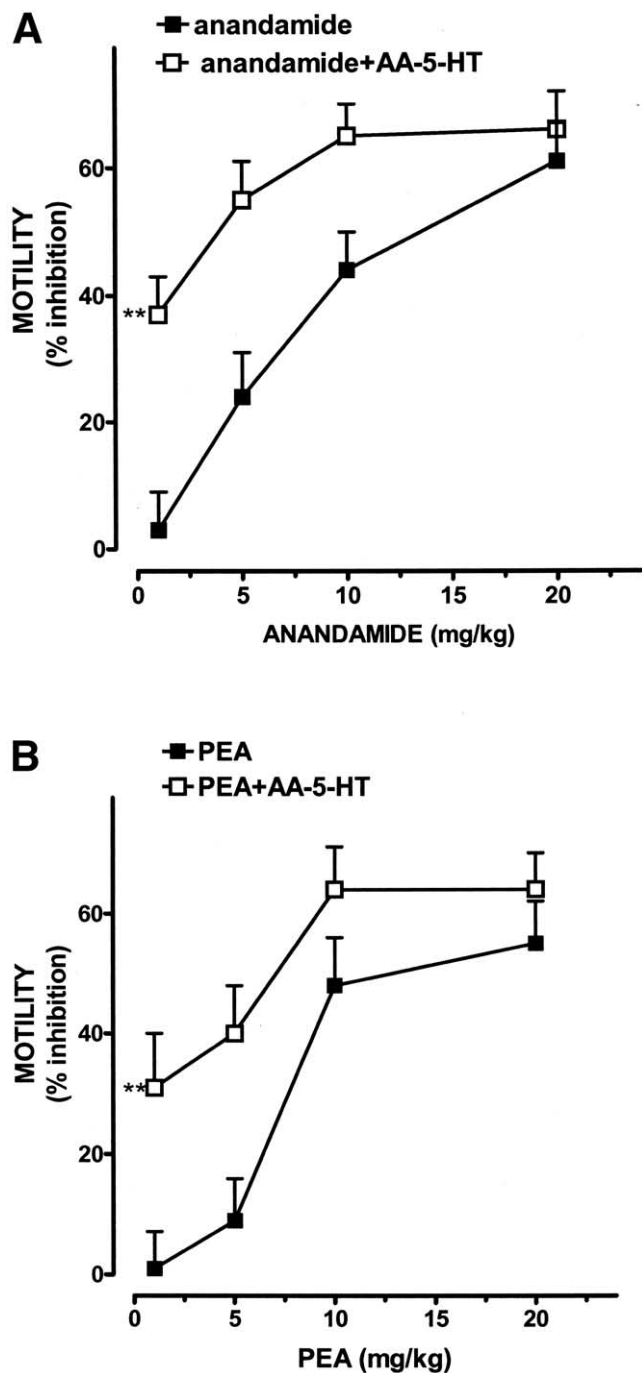
Agarose gel analysis of RT-PCR from total RNA from mouse intestine showed intense bands of the sizes expected for a FAAH mRNA transcript (300 bp) as well as a GAPDH mRNA transcript (470 bp). The absence of FAAH amplicons when omitting the reverse-transcription reaction confirmed the absence of genomic DNA contamination in the RNA sample.

When analyzed by densitometry scanning, and normalized to the respective GAPDH transcript bands, FAAH transcript bands were found to be expressed at similar levels in all the regions of the small intestine as well as in the proximal and in the distal colon (Figure 7).

In line with previous studies,<sup>27</sup> abundant CB<sub>1</sub> transcript levels were found in the small intestine of both wild-type and FAAH-deficient mice. However, no significant difference between the 2 genotypes was observed (data not shown).



**Figure 5.** Effect of IP-injected *oleamide*, *oleoylethanolamide*, and *palmitoylethanolamide* (PEA) (all these biologic amides were used at the dose of 10 mg/kg) alone or in the presence of the CB<sub>1</sub> receptor antagonist rimonabant (SR1, 0.1 mg/kg, IP). Transit was expressed as the geometric center of the distribution of a fluorescent marker along the small intestine (see Materials and Methods section). Bars represent the mean  $\pm$  SEM of 7–11 animals. \* $P < .05$  vs control and # $P < .05$  vs AA-5-HT alone.



**Figure 6.** Dose-related inhibition of intestinal motility by *anandamide* (A) or *palmitoylethanolamide* (PEA) (B) alone or in animals treated with the FAAH inhibitor AA-5-HT (5 mg/kg, IP). Bars represent the mean  $\pm$  SEM of 6–8 animals. \*\* $P < .01$  vs anandamide (or PEA) dose-response curve (statistical significance between 2 dose-effect curves).

## Discussion

Inhibitors of FAAH are considered to constitute a potential therapeutic approach in the treatment of several disorders, including pain and anxiety and some symptoms of multiple sclerosis.<sup>2</sup> However, the physiologic

importance and the therapeutic potential of FAAH in the gastrointestinal tract have been largely unexplored so far. We have previously shown that endocannabinoids significantly contribute to intestinal motility in mice under both physiologic and pathologic conditions by activating enteric CB<sub>1</sub> receptors.<sup>3</sup> In particular, we not only found that agonists of CB<sub>1</sub> receptors inhibit motility and that a CB<sub>1</sub> antagonist, rimonabant, causes the opposite effect, but also that a selective inhibitor of endocannabinoid cellular uptake via the putative endocannabinoid membrane transporter, VDM11, can also inhibit motility in mouse colon<sup>12</sup> and small intestine.<sup>30</sup> In the latter case, however, the endocannabinoid uptake inhibitor was effective only under pathologic conditions, such as paralytic ileus, and not in control mice.<sup>30</sup> Our present data indicate that, also under physiologic conditions, inhibition of the inactivating mechanism subsequent to endocannabinoid uptake, ie, enzymatic hydrolysis via FAAH, leads to inhibition of small intestine motility. These results are supported by biochemical data showing an intense mRNA band of FAAH in different regions of both the small and the large intestine and suggest that this enzyme, rather than a putative endocannabinoid transporter, controls endocannabinoid levels in the small intestine under physiologic conditions. Previous investigators have shown that FAAH activity was by far the highest in the liver, followed by the intestine, brain, testis, and many other organs in the rat.<sup>31</sup>

We have shown that AA-5-HT and PIP, 2 selective FAAH inhibitors that display little or no affinity for cannabinoid receptors,<sup>19,20</sup> significantly inhibit intestinal motility. It is noteworthy that AA-5-HT significantly reduced motility at doses (10 and 15 mg/kg) previously shown to be inactive in the “open field,” “hot plate,” and rectal hypothermia tests, which are predictive of CB<sub>1</sub> activation in rodents.<sup>19</sup> AA-5-HT was also previously found to be ineffective against anandamide cellular uptake, a mechanism that, however, does not seem to be involved in the control of intestinal motility in the mouse small intestine under physiologic conditions (see above).<sup>30,32</sup> AA-5-HT significantly reduced motility in wild-type, but not in FAAH-deficient mice, thus conclusively confirming that the inhibitory effect of the inhibitor was due to FAAH inhibition and not to non-specific effects or to interaction with CB<sub>1</sub> receptors (see also fourth paragraph of the Discussion section). Accordingly, AA-5-HT significantly increased the intestinal levels of anandamide, 2-AG, and PEA. Although the effect of PEA was observed only at the highest dose tested (15 mg/kg) of the FAAH inhibitor, anandamide and 2-AG were significantly elevated also by the 10 mg/kg dose of AA-5-HT, which, like the 15 mg/kg dose,

**Table 1.** Levels of Anandamide, 2-Arachidonylglycerol, and Palmitoylethanolamide in Mouse Small Intestine in Control Mice and in Mice Treated With the FAAH Inhibitor Arachidonoylserotonin

	Control	AA-5-HT (IP)			
		1 mg/kg	5 mg/kg	10 mg/kg	15 mg/kg
Anandamide (pmol/mg lipid)	1.08 ± 0.0	1.02 ± 0.15	1.00 ± 0.05	1.85 ± 0.20 <sup>a</sup>	1.55 ± 0.17 <sup>a</sup>
2-AG (nmol/mg lipid)	1.23 ± 0.20	1.30 ± 0.30	1.70 ± 0.20	2.30 ± 0.10 <sup>a</sup>	2.15 ± 0.24 <sup>a</sup>
PEA (pmol/mg lipid)	6.60 ± 0.73	6.09 ± 0.70	6.11 ± 0.74	5.70 ± 0.45	9.36 ± 0.62 <sup>a</sup>

NOTE. Results are expressed as the mean ± SEM from 4 animals.

2-AG, 2-arachidonylglycerol; PEA, palmitoylethanolamide.

<sup>a</sup>*P* < .05 vs control.

exerted inhibition of motility per se. These results suggest that (1) AA-5-HT effectively inhibits FAAH in vivo (being endocannabinoids preferentially metabolized by FAAH compared with PEA) and that (2) there is a correlation between the effects of AA-5-HT on the levels of endocannabinoids/PEA (which are known to inhibit intestinal motility in vivo)<sup>3</sup> and the effect of AA-5-HT on intestinal motility, suggesting that the former may be responsible for the latter. The increased intestinal levels of endocannabinoids are in line with the ability of non-selective FAAH inhibitors (ie, phenylmethanesulfonyl fluoride and methylarachidonyl fluorophosphates) to enhance the content of both anandamide and 2-AG in the ileum of rats treated with *Clostridium difficile* toxin A.<sup>33</sup> Moreover, in the present study, we have shown that a per se noneffective dose of AA-5-HT increased the inhibitory effect of both anandamide and PEA on intestinal motility, thus confirming that the FAAH enzyme may metabolize both amines. Others have found that the non-selective FAAH inhibitor phenylmethylsulphonyl fluoride markedly increased the potency of anandamide in the isolated guinea pig ileum.<sup>34</sup>

Monoacylglycerol lipase (MAGL) has been proposed to be the enzyme most responsible for 2-AG inactivation in the brain.<sup>35</sup> In addition, Kathuria et al<sup>36</sup> showed that the FAAH inhibitor URB597 significantly increased the brain levels of anandamide (as well as oleoylethanolamide and PEA) but not of 2-AG. However, it is very unlikely that the increase in intestinal 2-AG levels observed in the present study is due to inhibition of MAGL because AA-5-HT does not inhibit this enzyme in cell free homogenates up to a concentration of 50 μmol/L.<sup>37</sup> An acid hydrolase for PEA that has very low affinity for anandamide and oleoylethanolamide, and is relatively abundant also in the gastrointestinal tract, has been identified and cloned very recently.<sup>38</sup> The effect of AA-5-HT on this enzyme has not been tested yet, but other FAAH inhibitors have been shown to be inactive on this alternative hydrolase. At any rate, the enhancement by AA-5-HT of anandamide as well as 2-AG tissue concen-

trations is in line with the similar effect observed with the same inhibitor on both endocannabinoids in thyroid carcinomas following intratumor administration.<sup>39</sup> It is possible that, unlike other FAAH inhibitors, AA-5-HT, because of its metabolic stability and the capability to form a stable (although not covalent) complex with FAAH,<sup>19</sup> can enhance the levels also of those substrates of this enzyme, such as PEA and, particularly, 2-AG, which are also metabolized by other hydrolases.

In fact, FAAH catalyzes the hydrolysis not only of endocannabinoids but also of several biologic fatty acid amides, including PEA, oleamide, and oleoylethanolamide. Endocannabinoids<sup>18</sup> and PEA<sup>40</sup> have been detected in the rodent intestine. Anandamide (through activation of CB<sub>1</sub> receptors),<sup>41</sup> palmitoylethanolamide (whose ability to reduce motility<sup>40</sup> has been confirmed here by using a more sensitive method), oleamide, and oleoylethanolamide (whose effects on motility were shown here for the first time) all reduce intestinal transit. Moreover, endocannabinoids may affect intestinal contractility through activation of vanilloid receptors<sup>42</sup> or by nonreceptor mediated mechanisms.<sup>42,43</sup> Considering this scenario, we investigated the receptors and endogenous FAAH substrates that are involved in the FAAH-mediated inhibition of motility. We showed that the inhibitory effect of AA-5-HT on motility was reduced (but not abolished) by the selective CB<sub>1</sub> receptor antagonist rimonabant, but not by the CB<sub>2</sub> receptor antagonist SR144528 or the vanilloid receptor antagonist I-RTX,

**Table 2.** Levels of Anandamide, 2-Arachidonylglycerol, and Palmitoylethanolamide in Mouse Small Intestine of Wild-Type or FAAH-Deficient Mice

	Wild-type mice	FAAH-deficient mice
Anandamide (pmol/mg lipid)	1.30 ± 0.33	3.61 ± 0.66 <sup>a</sup>
2-AG (nmol/mg lipid)	1.34 ± 0.37	2.15 ± 0.28
PEA (pmol/mg lipid)	6.60 ± 1.81	7.80 ± 0.92

NOTE. Results are expressed as the mean ± SEM from 4 animals.

2-AG, 2-arachidonylglycerol; PEA, palmitoylethanolamide.

<sup>a</sup>*P* < .05 vs wild-type mice.

**Table 3.** Levels of Anandamide, 2-Arachidonylglycerol, and Palmitoylethanolamide in Mouse Small Intestine of Mice Treated With Oleoylethanolamide or Oleamide (10 mg/kg, IP)

	Control	Oleoylethanolamide (10 mg/kg, IP)	Oleamide (10 mg/kg, IP)
Anandamide (pmol/mg lipid)	1.02 ± 0.21	4.50 ± 0.95 <sup>a</sup>	2.58 ± 0.55 <sup>b</sup>
2-AG (nmol/mg lipid)	1.21 ± 0.09	0.67 ± 0.08 <sup>a</sup>	0.77 ± 0.07 <sup>a</sup>
PEA (pmol/mg lipid)	7.64 ± 0.65	7.61 ± 2.31	6.42 ± 0.21

NOTE. Results are expressed as the mean ± SEM from 4 animals.

2-AG, 2-arachidonylglycerol; PEA, palmitoylethanolamide.

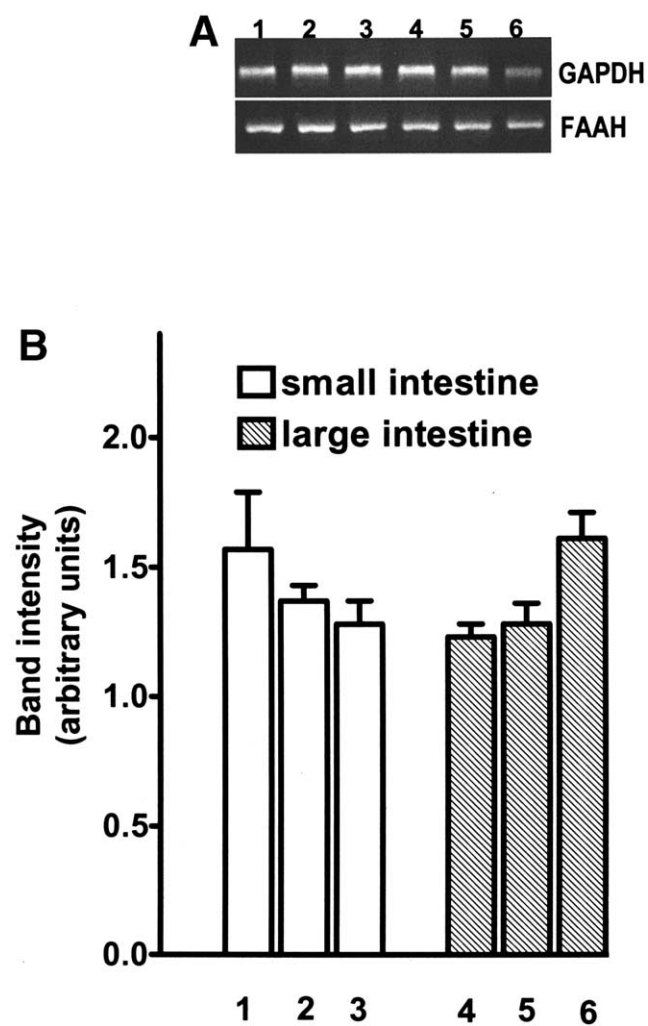
<sup>a</sup>*P* < .01 vs control.

<sup>b</sup>*P* < .05 vs control.

thus suggesting an involvement of CB<sub>1</sub>, but not CB<sub>2</sub> or vanilloid receptors. Experiments performed with CB<sub>1</sub> receptor-deficient mice confirmed the partial involvement of CB<sub>1</sub> receptors. Indeed, AA-5-HT induced a

significantly larger reduction in motility in CB<sub>1</sub> receptor wild-type (42% inhibition) than in CB<sub>1</sub> receptor-deficient (22% inhibition) mice. Overall, these experiments suggest that, in addition to endocannabinoids acting through a CB<sub>1</sub> receptor-mediated mechanism, FAAH substrates inactive or weakly active at cannabinoid receptors, including PEA<sup>40</sup> and possibly oleamide and oleoylethanolamide, may be involved in the FAAH-mediated inhibition of motility. The lack of involvement of vanilloid receptors is in line with the ability of exogenously administered anandamide to reduce small intestinal transit through activation of CB<sub>1</sub>, but not vanilloid, receptors.<sup>41</sup> However, despite the important role of CB<sub>1</sub> in the AA-5-HT-mediated inhibition of intestinal motility, the lack of a clear phenotype in CB<sub>1</sub>-deficient mice under basal conditions suggest that other mechanisms could also be involved and might compensate the life-long absence of CB<sub>1</sub> receptors in mutant mice. Given the high degree of colocalization of CB<sub>1</sub> and vanilloid TRPV1 receptors in myenteric cholinergic neurons,<sup>44</sup> such compensative mechanisms may indeed involve the latter receptors, which might become engaged by anandamide only when CB<sub>1</sub> receptors are genetically deleted. However, we did not investigate this hypothesis because the primary aim of this work was to investigate the role of FAAH in the intestinal motility of wild-type mice.

The inhibitory effect of oleamide, oleoylethanolamide, and PEA on small intestine motility might be due either to the interaction with specific targets<sup>16,17</sup> or to their inhibition of FAAH as competitive substrates and subsequent enhancement of the levels of other substrates for this enzyme ("entourage effects").<sup>45,46</sup> Interestingly, we observed a different inhibitory pattern when these biologic amides were evaluated in animals treated with the CB<sub>1</sub> receptor antagonist rimonabant. Indeed, only PEA still exerted the same inhibitory effect in the presence of rimonabant, whereas both oleoylethanolamide and oleamide became inactive, in agreement with their action being at least in part because of "direct" (as in the case of oleamide, which is a selective albeit not very potent endogenous agonist at CB<sub>1</sub> receptors)<sup>47</sup> or "indirect" (via



**Figure 7.** Distribution of the FAAH messenger RNA along the intestinal tract. (A) Agarose gel analysis of RT-PCR reaction from total RNA from different intestinal regions (1, duodenum; 2, jejunum; 3, ileum; 4, cecum; 5, proximal colon; 6, distal colon). Bands sized as expected for FAAH (300 bp) and GAPDH (470 bp) mRNA transcripts when using primers selective for FAAH and GAPDH, respectively, are shown. (B) Band intensities were quantitatively evaluated (see Materials and Methods section). Each bar represents the mean ± SEM of 3 mice.



enhancement of endocannabinoid levels) activation of CB<sub>1</sub> receptors.

In view of the incomplete reversal of their actions following CB<sub>1</sub> blockade, we investigated further the mechanism of action of oleamide and oleylethanolamide by looking at their effect on anandamide, PEA, and 2-AG levels in the mouse small intestine. We found that oleylethanolamide and oleamide significantly elevate anandamide concentrations in the small intestine but do not exert the same effect on PEA, and they even slightly decrease 2-AG levels. These data suggest that oleylethanolamide and oleamide may not elevate anandamide levels only by inhibiting FAAH because, in this case, they should have elevated also PEA and 2-AG levels as AA-5-HT did. However, it is also possible that, because AA-5-HT, unlike the 2 amides, is a FAAH inhibitor stable to wash up and degradation,<sup>19</sup> it may elevate the levels also of those FAAH substrates like PEA and 2-AG, which can be metabolized also by other enzymes apart from FAAH. The observation that, despite their opposing actions on the 2 endocannabinoids, oleamide and oleylethanolamide still inhibit motility indicates that their stimulatory effect on anandamide levels prevails on their inhibitory action on 2-AG, or that, as suggested previously,<sup>48</sup> the 2 amides owe their pharmacologic actions to several mechanisms including, but not limited to, elevation of anandamide levels. It remains to be determined through which mechanism the 2 amides decrease 2-AG levels. Oleylethanolamide activates peroxisomal proliferator-activated receptor- $\gamma$  (PPAR- $\alpha$ ),<sup>17</sup> and this nuclear receptor may regulate the expression of the lipase enzymes involved in 2-AG biosynthesis and degradation, much in the same way it does with other lipases. At any rate, the effects of oleamide and oleylethanolamide on intestinal motility and, concomitantly, anandamide levels, both described here for the first time, still support the hypothesis that anandamide, and hence its specific degrading enzyme FAAH, are involved in the control of this important intestinal function.

FAAH genetic ablation in mice leads to increased sensitivity to exogenously administered anandamide in some assays and to a 15-fold increase in brain anandamide (but not 2-AG) levels.<sup>22</sup> We observed that, unlike the brain,<sup>22</sup> small intestines of FAAH-deficient mice possessed "only" approximately 2.8-fold higher levels of anandamide than small intestines from FAAH wild-type mice. The use of full-thickness intestinal segments, with eventually the presence of intestinal cells, which are not able to produce anandamide, might possibly explain why we did not observe a more dramatic increase in anandamide levels. In other experiments, it has been shown that FAAH-deficient mice showed significant protection

against dinitrobenzene sulphonic acid-induced colonic inflammation.<sup>49</sup> Our experiments with FAAH-deficient mice further established that the inhibitory effect of AA-5-HT on intestinal motility is due to FAAH inhibition because the inhibitor did not reduce intestinal motility in these transgenic mice. Interestingly, in comparison with wild-type mice, FAAH-deficient mice showed only a trend toward decreased motility. However, this possible phenotypic character of FAAH-deficient mice did not achieve statistical significance, indicating that, as opposed to acute enzymatic inhibition, congenital FAAH inactivation may be largely compensated by other endogenous mechanisms. Nevertheless, experiments were performed to clarify the different effects on motility between acute pharmacologic and congenital FAAH blockade: We found that, in contrast to the acute treatment with AA-5-HT, FAAH-deficient mice showed significantly increased levels of anandamide, but not of 2-AG (nonsignificant 60.4% increase, compared with a significant 87.0% increase after AA-5-HT 10 mg/kg and 74.8% increase after AA-5-HT 15 mg/kg) or PEA (nonsignificant 18.2% increase, compared with a significant 41.8% increase after AA-5-HT 15 mg/kg), which is a relevant finding in the light of the observation that both 2-AG and PEA may inhibit intestinal motility.<sup>3</sup> Therefore, the lack of significant effect on 2-AG and PEA levels might possibly explain why genetic ablation of FAAH is not as efficacious as acute pharmacologic blockade of the enzyme in reducing small intestine motility and suggests that lifelong effects of FAAH deficiency might be partially compensated, leading to normal motility in basal conditions. The most likely mechanisms compensating for the lack of FAAH-catalyzed hydrolysis of 2-AG and PEA would involve the above-mentioned MAGL<sup>35</sup> and *N*-acylethanolamine acid amido hydrolase,<sup>38</sup> respectively. These 2 enzymes are abundant in the gut and have been found to catalyze selectively the hydrolysis of 2-AG and PEA, respectively. On the other hand, it is very unlikely that changes in CB<sub>1</sub> receptor expression could explain such different effects because we did not observe any significant variation in small intestine CB<sub>1</sub> mRNA receptor expression between wild-type and FAAH-deficient mice (data not shown). Similarly, we found that CB<sub>1</sub>-deficient mice showed only a trend toward increased motility, which is not in agreement with the ability of acutely administered rimonabant to increase motility. It is very likely that compensatory mechanisms, such as the above-mentioned coexpression of TRPV1 receptors<sup>44</sup> in myenteric neurons, are involved also in this case. However, because this was not the primary aim of our study, this difference between

acute pharmacologic vs genetic CB<sub>1</sub> blockade should be investigated more in-depth in future studies.

In conclusion, the present study provides strong evidence for a role of FAAH in the physiologic regulation of intestinal motility. Degradation of endocannabinoids acting through CB<sub>1</sub> receptors appears to play a major role in the FAAH-dependent regulation of intestinal motility. However, other molecules, such as palmitoylethanolamide and possibly oleamide and oleoylethanolamide, whose biologic effects are likely to be partly or completely independent of CB<sub>1</sub> receptors and whose presence in the gastrointestinal tract<sup>50</sup> as well as in some foods<sup>51</sup> has been clearly demonstrated, are regulated by FAAH and could participate in the physiologic inhibition of intestinal motility. Pharmacologic targeting of FAAH, which is expected to be devoid of the unwanted psychotropic effects typical of "direct" CB<sub>1</sub> activation, might constitute a new mechanistic approach for treating disorders of intestinal hyperactivity.

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Received November 26, 2004. Accepted May 26, 2005.

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Supported by *Cofinanziamento Murst*, Enrico and Enrica Sovena Foundation (Roma), *SESIRCA* (Regione Campania), *MURST*, *Fondi Strutturali* (to V.D.M.), and *Marie Curie* fellowship Program (to K.M.). R.C. and I.M. contributed equally to this work.

The authors thank Dr. Ben Cravatt for providing FAAH-deficient mice.